

**100
Biblical
Positive
Affirmations**

**+ Bonus
Scriptures
by Category**



“As a man thinketh in his heart so is he” (Prov.23:7)

1. I am fearfully and wonderfully made. (Psalm 139:14)
2. I can do all things through Christ who strengthens me. (Philippians 4:13)
3. I am more than a conqueror through Him who loved me. (Romans 8:37)
4. I am forgiven and set free from all my sins. (1 John 1:9)
5. I am the salt of the earth and the light of the world. (Matthew 5:13-14)
6. I am a child of God and a co-heir with Christ. (Romans 8:16-17)
7. I am loved with an everlasting love. (Jeremiah 31:3)
8. I am a temple of the Holy Spirit. (1 Corinthians 6:19-20)
9. I am blessed to be a blessing to others. (Genesis 12:2)
10. I am strong and courageous because God is with me. (Joshua 1:9)
11. I am a new creation in Christ. (2 Corinthians 5:17)
12. I am chosen and appointed to bear fruit. (John 15:16)
13. I am redeemed and purchased by the blood of Jesus. (Ephesians 1:7)
14. I am the head and not the tail, above and not beneath. (Deuteronomy 28:13)
15. I am filled with joy and peace through faith in Christ. (Romans 15:13)
16. I am a vessel of God’s love and grace. (1 John 4:7)
17. I am a part of God’s royal priesthood. (1 Peter 2:9)
18. I am strong in the Lord and in the power of His might. (Ephesians 6:10)
19. I am an overcomer through the blood of the Lamb. (Revelation 12:11)
20. I am led by the Holy Spirit into all truth. (John 16:13)
21. I am a living testimony of God’s goodness and faithfulness. (Psalm 119:90)
22. I am blessed when I trust in the Lord and make Him my hope. (Jeremiah 17:7)
23. I am a light in a world of darkness. (Matthew 5:16)
24. I am free from condemnation because I am in Christ. (Romans 8:1)
25. I am strong, courageous, and not afraid, for the Lord my God is with me.
(Deuteronomy 31:6)

26. I am patient and have peace, knowing that God's timing is perfect. (Ecclesiastes 3:11)
27. I am an instrument of righteousness, presenting myself to God. (Romans 6:13)
28. I am blessed to be a blessing to others. (2 Corinthians 9:8)
29. I am filled with hope and expectation in the Lord. (Psalm 62:5)
30. I am rooted and established in God's love. (Ephesians 3:17)
31. I am wise and walk in the ways of the Lord. (Proverbs 13:20)
32. I am content in all circumstances, knowing Christ strengthens me. (Philippians 4:11-13)
33. I am a vessel of God's peace and love. (Colossians 3:15)
34. I am a light that shines in the darkness, and the darkness cannot overcome it. (John 1:5)
35. I am anointed by the Holy Spirit to proclaim the Good News. (Luke 4:18)
36. I am a disciple of Jesus, called to bear fruit that remains. (John 15:8)
37. I am confident that God's plans for me are good and filled with hope. (Jeremiah 29:11)
38. I am clothed with the armor of God to stand against the enemy's schemes. (Eph. 6:11)
39. I am a peacemaker, called a child of God. (Matthew 5:9)
40. I am a living sacrifice, holy and pleasing to God. (Romans 12:1)
41. I am a friend of Jesus, and He laid down His life for me. (John 15:13)
42. I am chosen to bear fruit that will last. (John 15:16)
43. I am a temple of the living God. (2 Corinthians 6:16)
44. I am more than a conqueror through Him who loves me. (Romans 8:37)
45. I am loved with an everlasting love. (Jeremiah 31:3)
46. God has significant purpose for me in this day. Even my mundane tasks have eternal impact. (Ephesians 2:10)
47. I am a vessel of God's peace and love. (Colossians 3:15)
48. I am a light that shines in the darkness, and the darkness cannot overcome it. (John 1:5)
49. I am anointed by the Holy Spirit to proclaim the Good News. (Luke 4:18)
50. I am a disciple of Jesus, called to bear fruit that remains. (John 15:8)

51. I am confident that God is working all things together for my good. (Romans 8:28)
52. I am a child of God, and the evil one cannot touch me. (1 John 5:18)
53. I am God's workmanship, created for good works in Christ. (Ephesians 2:10)
54. I am blessed to be a blessing to others. (Genesis 12:2)
55. I am strong and courageous because God is with me. (Joshua 1:9)
56. I am a new creation in Christ; the old has passed away. (2 Corinthians 5:17)
57. I am chosen and appointed to bear fruit that remains. (John 15:16)
58. I am redeemed and forgiven through the blood of Jesus. (Ephesians 1:7)
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88. I am a temple of the living God. (2 Corinthians 6:16)
89. I am more than a conqueror through Him who loves me. (Romans 8:37)
90. I am loved with an everlasting love. (Jeremiah 31:3)
91. God has given this day and therefore, I will rejoice and be glad in it. (Psalm 118:64)
92. I can do hard things today because God is my strength. (Psalm 46:1)
93. God has the wisdom I need for the decisions I'm facing. (James 1:5)
94. Greater is God who is in me than the enemy who is working against me. (1 John 4:4)
95. God has given me every spiritual tool I need to overcome the enemy's arrows of discouragement, discord and disbelief. (Ephesians 6:11)
96. I will live for God's agenda today, not my own, and expect to die to my flesh and my comfort. (Phil. 1:22)
97. I can bravely face this day and any difficulty because Christ's grace is more than enough and will sustain me. (2 Cor. 12:9)
98. I have permission to do what I need to take care of the body God has given me. (1 Cor. 3:16)
99. I give God every worry and thank Him for His perfect care, resting in the peace that surpasses all circumstances. (Philippians 4:6-7)
100. I will love the life God has given even if every moment doesn't feel lovely. (Psa. 34:8)

+ Bonus Scriptures by Category

Feeling Weak or Inadequate

- But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me." (2 Corinthians 12:9)
- "I can do all things through Christ who strengthens me." (Philippians 4:13)
- "The Lord is my strength and my shield; my heart trusts in him, and he helps me." (Psalm 28:7)
- "He gives strength to the weary and increases the power of the weak." -(Isaiah 40:29)

Experiencing Fear or Anxiety

- "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." - Philippians 4:6-7
- "For God has not given us a spirit of fear, but of power and of love and of a sound mind." - 2 Timothy 1:7
- "Cast all your anxiety on him because he cares for you." - 1 Peter 5:7
- "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand." - Isaiah 41:10
- "Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me." - Psalm 23:4

Feeling Unloved or Worthless

- "I have loved you with an everlasting love; I have drawn you with unfailing kindness." - Jeremiah 31:3
- "But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light." - 1 Peter 2:9
- "See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!" - 1 John 3:1
- "For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do." - Ephesians 2:10
- "For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord." - Romans 8:38-39)

+ Bonus Scriptures by Category

Dealing with Temptation or Sin

- "No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it." - 1 Corinthians 10:13
- "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness." - 1 John 1:9
- "For all have sinned and fall short of the glory of God, and all are justified freely by his grace through the redemption that came by Christ Jesus." - Romans 3:23-24
- "Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!" - 2 Corinthians 5:17
- "But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin." - 1 John 1:7

Facing Trials and Hardships

- "Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance." - James 1:2-3
- "And we know that in all things God works for the good of those who love him, who have been called according to his purpose." - Romans 8:28
- "Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life that the Lord has promised to those who love him." - James 1:12
- "Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope." - Romans 5:3-4
- "The righteous person may have many troubles, but the Lord delivers him from them all." - Psalm 34:19

+ Bonus Scriptures by Category

Struggling with Self-Doubt or Lack of Confidence

- "For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future." - Jeremiah 29:11
- "The Lord is my light and my salvation—whom shall I fear? The Lord is the stronghold of my life—of whom shall I be afraid?" - Psalm 27:1
- "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight." - Proverbs 3:5-6
- "Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus." - Philippians 1:6
- "But blessed is the one who trusts in the Lord, whose confidence is in him." - Jeremiah 17:7

Feeling Overwhelmed or Burdened

- "Come to me, all you who are weary and burdened, and I will give you rest." - Matthew 11:28
- "Cast all your anxiety on him because he cares for you." - 1 Peter 5:7
- "The Lord is close to the brokenhearted and saves those who are crushed in spirit." - Psalm 34:18
- "When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze." - Isaiah 43:2
- "The Lord gives strength to his people; the Lord blesses his people with peace." - Psalm 29:11